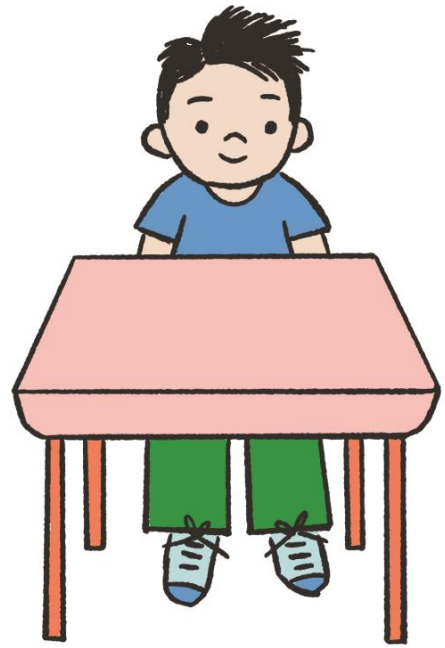


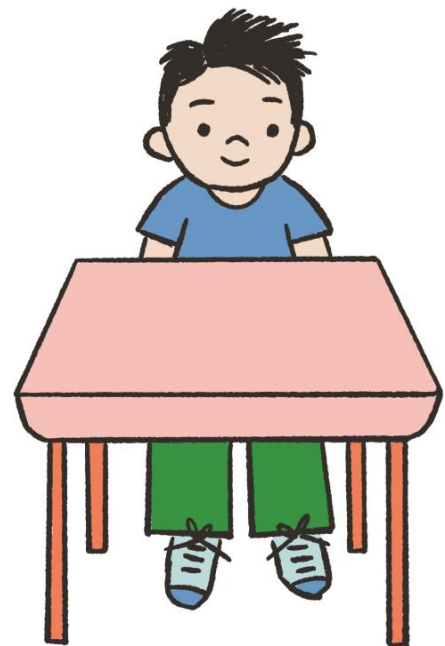
I Can Keep
My Hands
and Feet to
Myself



By: _____

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I Can Keep
My Hands
and Feet to
Myself



By: _____

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In school, it is important to be safe.

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In school, it is important to be safe.

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When I hit or kick, I am hurting others.

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When I hit or kick, I am hurting others.

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When I keep my hands and feet to myself, I am being safe.

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When I keep my hands and feet to myself, I am being safe.

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Someone may hit or kick me.

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Someone may hit or kick me.

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If this happens, I say, "I don't like that. Please stop."

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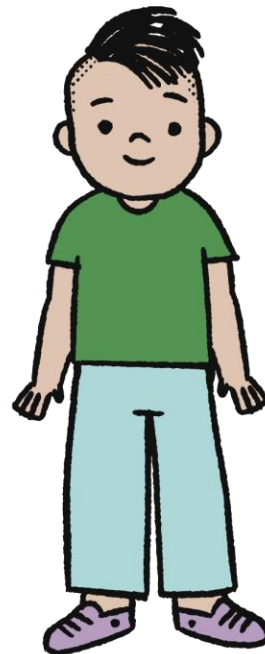
If this happens, I say, "I don't like that. Please stop."

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If they do not stop, I move away.

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If they do not stop, I move away.

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I tell an adult. The adult can help.

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I tell an adult. The adult can help.

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I do not hit or kick them.

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I do not hit or kick them.

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It is important to keep my hands
and feet to myself on the rug.

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It is important to keep my hands
and feet to myself on the rug.

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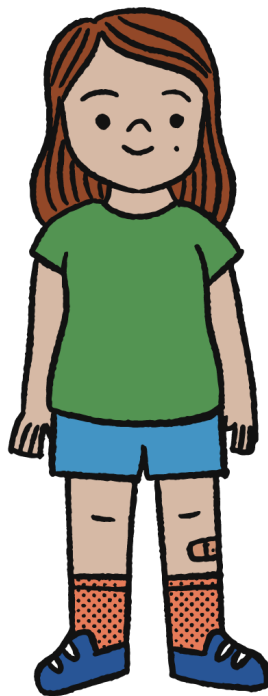
It is important to keep my hands
and feet to myself at recess.

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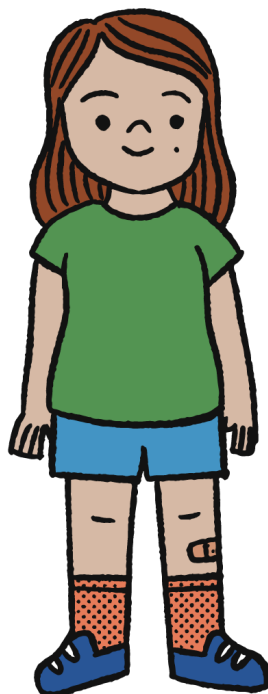
It is important to keep my hands
and feet to myself at recess.

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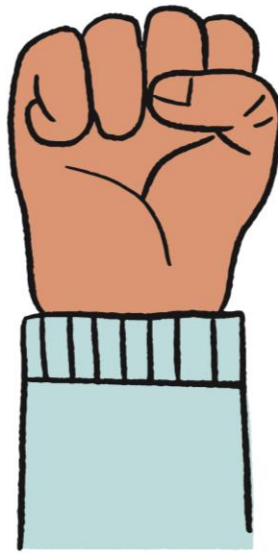
It is important to keep my hands
and feet to myself.

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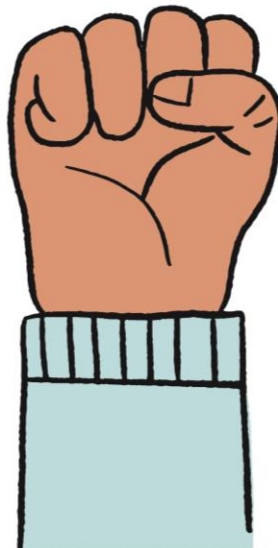
It is important to keep my hands
and feet to myself.

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If I feel like I want to hit someone, I can squeeze my fists together and count to 10.

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If I feel like I want to hit someone, I can squeeze my fists together and count to 10.

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I can move away from others. I can take deep breaths and count each breath until I feel calm.

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I can move away from others. I can take deep breaths and count each breath until I feel calm.

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I can tell an adult. They can help me.

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I can tell an adult. They can help me.

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I can keep my hands and feet to myself.

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I can keep my hands and feet to myself.

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