



Dear Parents,

Next week is Children's Mental Health Week. To mark this we will be doing various activities through out the week.

On Thursday 10th February, we invite children to come to school in clothes that make them feel happy. This might be a favourite outfit, or clothes in a favourite colour etc.

This year's theme for Children's Mental Health Week is 'Growing Together'. You can find activities for parents, carers and children to enjoy together at home on the link below.

<https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>

We can't wait to see your children in their happy clothes next Thursday!

Many thanks

Mrs Kearney



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**St Ralph
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